



CARTER BROWN

Dr Rachael C.

(BSc. (Hons), MSc Forensic Psychology, C. Psychol)

HCPC Registration No. xxxx DBS No. xxxx

PROFESSIONAL QUALIFICATIONS & EXPERTISE

Professional Qualification(s)

Chartered Clinical Psychologist – British Psychological Society
Practitioner Psychologist – Health and Care Professions Council

Areas of Expertise

Assessment of Children, Adolescents and Adults

- Attachment
- Learning Disability and Cognitive assessments
- Fitness to Plead
- Mental Illness
- Autistic Spectrum Disorder (Autism and Asperger's Syndrome)
- Impulsivity and ADHD (Attention Deficit Hyperactivity Disorder)
- Developmental trauma, abuse and neglect
- Risk Assessments pertaining to abuse and neglect - physical, emotional or sexual abuse
- Impact of abuse and neglect
- Sexual exploitation and assessment of needs
- Mental health and the impact on parenting including depression and anxiety
- Risk assessments
- Personality disorder diagnoses (e.g. Borderline Personality Disorder)
- Dissociation
- Eating disorder
- Self harm/suicidal ideation
- Post-Traumatic Stress Disorder
- Domestic violence and the impact upon functioning
- Substance misuse
- Ability to understand concerns of the Local Authority
- Ability to care/parent
- Explanations regarding behavioural problems
- Ability to change
- Ability to work with professionals
- Ability to prioritise child's needs
- Child's wishes and feelings (in respect of contact, for example)

Forensic Assessments/ Criminal Law

- Assessment of Risk

Suite 8 Enterprise Court, Oakham Business Park, Hamilton Way, Mansfield, Notts, NG18 5BU
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- Sexualised behaviour/offending and risk
- Risk of violence
- Risk of reoffending
- Fire-setting
- Drug offences/substance misuse
- Personality Disorder (e.g. Antisocial Personality Disorder)

I undertake independent assessments in a variety of areas and write reports for the Courts relating to both Criminal and Family law. This includes both young and adult offenders within criminal law and children and parents and other family members within family law.

RELEVANT EXPERIENCE

I have 14 years experience working in the NHS, with both children and adults experiencing a wide range of mental health problems. I have been a qualified Clinical Psychologist since 2009 and studied forensic Psychology prior to becoming a Clinical Psychologist. I have worked in various forensic settings over a 14 year period. This includes working with adult males in a high secure specialist hospital and I currently work in Forensic CAMHS (Child and Adolescent Mental Health Services), specialising in working with young offenders in both a secure setting and in the community. Many of the young people who are admitted to the secure unit are 'looked after children' who have endured neglect and a range of abusive experiences, including physical, emotional, sexual abuse and exploitation. My role involves providing a thorough assessment and making recommendations to the child's Local Authority and the Court regarding the most appropriate care.

I am a specialist in attachment disorders and developmental trauma and have a particular interest in the impact that early trauma has on the brain and how this impacts on an individuals' behaviour and emotional well being/mental health.

I provide assessment and consultation to Youth Offending Officers and Social Workers to aid understanding of attachment/trauma and the impact upon offending behaviours. My work involves case formulation, assessment, treatment, risk assessment and teaching/training of other professional groups. I provide teaching at the University of Sheffield on offending and attachment.

I am trained in attachment interventions, CBT-based interventions and I am currently undertaking my two year practitioner training in Cognitive Analytic Therapy.

I also have a specialist interest in Autistic Spectrum Disorders (ASD). My current role involves assessing for Autistic Spectrum Disorders and ADHD (Attention Deficit Hyperactivity Disorder). I am trained in using the ADOS to observe ASD traits and make diagnoses. I write detailed reports regarding how ASD may impact upon functioning.

I have previously worked with sex offenders and carried out research evaluating a treatment programme for this client group. I have also carried out research assessing factors associated with offending and carried out a literature review on attachment and sexual offending.

My ongoing clinical practice with children and families is used to inform my assessment work for both the criminal and family courts

For full details of work history please refer to the attached Appendix.

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REPORTS

I have prepared more than 15 reports for the family/criminal courts. My NHS role also involved providing assessments for the Local Authority to be used in courts. These reports have covered the following areas:

- Explanation of ASD and impact upon offending
- Cognitive assessments and fitness to plead
- Assessment of risk regarding sexual offending
- Assessment of vulnerabilities
- Private Law assessments of children and adults

QUALIFICATIONS, TRAINING & RESEARCH

Qualifications

2005 – 2009 Doctorate in Clinical Psychology University of Sheffield

2002-2003 Msc Forensic Psychology (Class Merit) Manchester Metropolitan University

1998- 2001 BSc (HONS) Psychology (Class 2:1) University of Northumbria

Training Courses

September 2013	2 Year Post graduate diploma in Cognitive Analytic Therapy (CAT)
June 2012	ADOS (Autistic Diagnostic Observation Schedule)
June 2012	Motivational Interviewing
May 2011	CBT training
Sept 2010	Theraplay Training
Sept 2010	Attachment training
2005	Violent risk scale training
2004	Dialectical Behavioural Therapy
2004	Level A ability assessment (research methods)

Research

- Evaluating a sex offender treatment programme with adult sex offenders
- Factors associated with juvenile delinquency
- Literature Review of Sexual Offending and Attachment

MEMBERSHIPS

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Professional Memberships

- Registered and Forensic Psychologist with Health and Care Professionals Council
- Full Member of the BPS
- Member of the Association of Cognitive Analytic Therapists

OTHER RELEVANT INFORMATION

- I hold personal professional indemnity insurance
- I have a full and clean driving licence
- I am based in Sheffield but available to travel nationwide, including overnight stays if required