



CARTER BROWN

Dr Alexandra M.

BSc (Hons); M.Ed; DClinPsychol

HCPC Registration No. xxxx CRB Registration No. xxxx

PROFESSIONAL QUALIFICATIONS & EXPERTISE

Professional Qualification(s)

Chartered Clinical Psychologist
Assessment of both Adults and Children

Areas of Expertise

- Full range of ICD-10 and DSM-V disorders (e.g. depression, anxiety, post traumatic stress disorder, psychosis, bipolar, personality disorder)
- Forensic Assessment of women
- Assessment of offenders with personality disorders
- Risk assessment of violence/dangerousness
- Risk assessment of sexually harmful behaviours/sexual offenders
- Mental Capacity
- Cognitive assessments
- Suitability for Parole
- Suggestibility
- Veracity
- Recidivism
- Substance misuse and offending
- Fitness to plead
- Prostitution

I undertake independent assessments in a variety of areas and have written reports for various settings including court, mental health review tribunals and manager's hearings relating to offenders and their children and family members.

RELEVANT EXPERIENCE

Having worked with adults, children, young people and their families experiencing mental health, emotional and psychological difficulties for a number of years, I have a range of experiences in a variety of settings. These include Forensic, Inpatient, Looked After Children, Child and Adolescent Mental Health, Learning Disability, Neuropsychological rehabilitation and Adult Mental Health

I have assessed offenders and their family members across these different settings. I synthesise my clinical experience and the relevant literature with reference to mental health, emotional and psychological wellbeing in order to assess and direct potential intervention. Furthermore, I have extensive knowledge of the legal and court system and of the processes of criminal justice, probation, ministry of justice and mental health act. Additionally, I widely utilise a range of

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appropriate neuropsychological and psychometric assessment tools throughout my work with both adults and children including risk assessment tools such as HCR-20 and RSVP.

I have experience of working in a medium secure forensic service which involved direct therapeutic and indirect work with both adult males and females with forensic histories and severe and enduring mental health difficulties alongside significant learning, emotional and psychological needs. I assessed individuals as they progressed through the forensic pathway moving towards settings of lesser security depending upon the level of risk and the treatment gains observed. Furthermore, I provided consultation services, teaching, training and supervision to a range of services, voluntary and non-voluntary agencies. The training services I have provided cover a range of areas including personality disorder, sexual offending, cognitive and psychological difficulties associated with managing challenging behaviours, impact and process of sexual abuse, self-harming behaviours, adverse childhood experiences, neurodevelopmental impact of trauma and maintaining boundaries when working with sexual offenders.

I have experience of co-facilitating a group assessing the parenting capacity to protect of non-offending partners of sexual offenders and have vast experience of working with adults with abuse histories and traumatic life events. I have particular expertise in the assessment and management of forensic women and those diagnosed with personality disorder. I have worked with clients with a range of complex social, emotional and societal factors which have contributed towards the development of offending histories, mental health issues and personality/interpersonal problems.

REPORTS

I have prepared several reports within the forensic field. These reports have covered the following areas:

- Recidivism
- Dangerousness
- Capacity
- Risk to others (Violence and Sexual)
- Fitness to Plead
- Neuropsychological and cognitive assessments

QUALIFICATIONS, TRAINING & RESEARCH

Qualifications

- | | |
|---|---------------------------|
| • PG Cert – Mental Health Law | University of Northumbria |
| • Doctorate in Clinical Psychology
Sept 07 – Sept 10 | University of Liverpool |
| • M.Ed. Psychology
Sept 04 – Sept 05 | University of Manchester |
| • BSc (Honours) Neuroscience
Sept 00 – Sept 03 | University of Leeds |

Post-Qualification Training

- | | |
|---|---------------------------|
| • Approved Clinician Training
May 2015 | Andrew Sims Centre, Leeds |
| • KUF Personality Disorder Training
Train the Trainers | Liverpool |

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- March 2013
- KUF Personality Disorder Training Liverpool
September 2012
- EMDR Training London
September 2012
- DBT Skills Training Leeds
May 2011
- AIM-2 Training Thorn Cross, Warrington
Feb 2011

Research

- Masters research – How can the stigma associated with mental illness be addressed?
- Doctoral research - Is there a relationship between executive dysfunction post-ABI and coping strategy selection?
- Teen-Parent Domestic Violence – research audit project within forensic CAMHS services and presented at CAMHS conference
- Ongoing research into Forensic Mental Health Service Provision for Women in Forensic Services

MEMBERSHIPS

Professional Memberships

- Chartered Member of British Psychological Society (CPsychol); Registration number:xxxx
- Registered Clinical Psychologist with the Health Care Professions Council; Registration number: xxxx

Publications

- Massey, A.G., & Cousins, D.A., (2006). Assessing Mental Illness. *Dispensing Doctor*, (12), 22-23.
- Massey, A.G., (2011). Is there a relationship between executive dysfunction post-ABI and coping strategy selection? *(to be submitted)*

Presentations/Training/Teaching

I have a range of experiences delivering training and teaching across a variety of settings including Forensic environments on a range of topics. These topics include the importance and maintenance of boundaries; working with sexual offenders; attachment; trauma; family systems; neurodevelopment and neurorehabilitation; Adverse Childhood Experiences and self-harm and suicide. Training has been delivered to a number of professional and non-professional groups across both statutory and non-statutory/voluntary organisations.

I have also presented clinical research outcomes at the Alder Hey CAMHS conference on the topic of 'Teen to Parent Violence'.

OTHER RELEVANT INFORMATION

- I hold personal professional indemnity insurance.
- I hold a full driving licence.
- I am based in North Yorkshire and am available to travel throughout Yorkshire and Humber region and the North East of England.